



600g Vitae Grains (Added)



Price RM 65.00

External URL <https://www.skgratia.com>

Keywords grains, vitae grains added, fenugreek, red beans, healthy breakfast

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VITAE GRAINS ADDED

A PRODUCT FULL OF MULTIGRAIN & FENUGREEK

DRINK MIX FOR DAILY LIFE

27 INGREDIENTS

HIGH IN DIETARY FIBER

NO ADDED SUGAR

NO ARTIFICIAL COLOURS

NO PRESERVATIVES

NO FLAVOURS

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RAMUAN

BIJIRIN RAGI, BIJIRIN KAMBU, GANDUM, HALBA (5%), BERAS KUTHIRAVALI, BERAS THINAI, BERAS VARAGU, BERAS SAMAI, BERAS HITAM, BERAS MAPILAI SAMBA, BERAS POONGAR, BERAS PERANG, BARLIE, KACANG KUDA, DALL HITAM, KACANG TANAH, KACANG SOYA, JAGUNG PUTIH, KACANG SUNDAL, KACANG THATTAI PAIRU, KACANG MERAH, KACANG KOLLU, KACANG HIJAU, BATHAM, BUAH GAJUS, HALIA KERING, BUAH PELAGA.

, , , (5%), , , , , , , , , , , , , , , , , , , & .

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INGREDIENTS

FINGER MILLET, PEARL MILLET, WHEAT, FENUGREEK (5%), BARNYARD MILLET, FOXTAIL MILLET,

KODO MILLET, LITTLE MILLET, WILD BLACK RICE, BRIDEGROOM RICE, PARBOILED RICE, RED RICE, BARLEY, ROASTED GRAM, BLACK GRAM, GROUNDNUT, SOYA BEAN, WHITE SORGHUM, CHICKPEAS, COW PEA, RED BEANS, HORSE GRAM, GREEN GRAM, ALMOND, CASHEW NUT, DRIED GINGER & CARDAMOM.

CARA-CARA PENYEDIAAN

- MASUKKAN SATU SETENGAH SUDU. VITAE GRAINS KEDALAM CAWAN BERISI AIR SUAM 300ML ATAU DENGAN SUSU DAN KACAU BERTERUSAN UNTUK MENGELAKKAN BERKETUL
- PANASKAN DENGAN API YANG SEDERHANA SELAMA 3 MINIT SEHINGGA MENJADI PEKAT
- MASUKKAN GARAM / GULA ATAU MADU SECUKUP RASA CAMPURAN SEDIA UNTUK DIMINUM

- 1/2

300 / - .

- (3) .
- / / .

PREPARATION

- ADD 1 1/2 SPOON OF VITAE GRAINS MIX POWDER WITH 300ML OF WARM WATER OR MILK AND STIR UNTIL NO LUMPS FORMED.
- HEAT UNTIL THICKENED (3 MINUTES) & STIR CONTINUOUSLY TO AVOID LUMPS.
- TO TASTE ADD SALT / SUGAR / HONEY & SERVE WARM.

NUTRITION FACTS

SERVING SIZE 30GM

AMOUNT PER SERVING CALORIES 110

% DAILY VALUE*

TOTAL FAT 1.5G 2%

CHOLESTEROL 0MG 0%

SODIUM 0MG 0%

TOTAL CARBOHYDRATE 22G	8%
DIETARY FIBER 2G	7%
TOTAL SUGARS 1G	
INCLUDES 0G ADDED SUGARS	0%
PROTEIN 4G	
VITAMIN D 0MCG	0%
CALCIUM 27MG	2%
IRON 2MG	8%
POTASSIUM 120MG	2%

*THE % DAILY VALUE (DV) TELLS YOU HOW MUCH A NUTRIENT IN
A SERVING OF FOOD CONTRIBUTES TO A DAILY DIET 2,000
CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE.

STORAGE & USAGE INSTRUCTIONS:

. AFTER OPENING THIS PACK IMMEDIATELY TRANSFER IT INTO A CLEAN, DRY &
AIR TIGHT CONTAINER.

. AVOID WET SPOON TO PREVENT SPOILAGE
& LUMPS FORMATION.

SUPPLIER

SK GRATIA ENTERPRISE MALAYSIA

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