



## 600g Vitae Grains ( Plus )



**Price** RM 60.00

**External URL** <https://www.skgratia.com>

**Keywords** finger millet, red flakes

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**URL** <https://www.uniqueyellowpages.com/app/products/detail/600g-vitae-grains-plus-198>

VITAE GRAINS PLUS

A PRODUCT FULL OF MULTIGRAIN & RED RICE FLAKES

DRINK MIX FOR DAILY LIFE

23 INGREDIENTS

HIGH IN DIETARY FIBER

NO ADDED SUGAR

NO ARTIFICIAL COLOURS

NO PRESERVATIVES

NO FLAVOURS

### RAMUAN

BIJIRIN RAGI, BIJIRIN KAMBU, GANDUM, BERAS MERAH FLAKES (10%), BERAS KUTHIRAVALI, BERAS THINAI, BERAS VARAGU, BERAS SAMAI, BERAS HITAM, BERAS MAPILAI SAMBA, BERAS POONGAR, BERAS PERANG, BARLIE, DALL HITAM, JAGUNG PUTIH, KACANG THATTAI PAIRU, KOLLU, JAGUNG, SAGU, BATHAM, BUAH GAJUS, HALIA KERING, BUAH PELAGA.

, , , (10%), , , , , , , , , , , , , & .

### INGREDIENTS

FINGER MILLET, PEARL MILLET, WHEAT, RED RICE FLAKES (10%), BARNYARD MILLET, FOXTAIL MILLET, KODO MILLET, LITTLE MILLET, WILD BLACK RICE, BRIDEGROOM RICE, PARBOILED RICE, RED RICE, BARLEY, BLACK GRAM, WHITE SORGHUM, COW PEA, HORSE GRAM, CORN, TAPIOCA PEARLS, ALMOND, CASHEW NUT, DRIED GINGER & CARDAMOM.

### CARA-CARA PENYEDIAAN

- MASUKKAN SATU SETENGAH SUDU. VITAE GRAINS KEDALAM CAWAN BERISI AIR SUAM
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300ML ATAU DENGAN SUSU DAN KACAU BERTERUSAN UNTUK MENGELAKKAN BERKETUL

- PANASKAN DENGAN API YANG SEDERHANA SELAMA 3 MINIT SEHINGGA MENJADI PEKAT
- MASUKKAN GARAM / GULA ATAU MADU SECUKUP RASA CAMPURAN SEDIA UNTUK DIMINUM

- 1/2

300 / - .

- (3) .
- / / .

PREPARATION

- ADD 1 1/2 SPOON OF VITAE GRAINS MIX POWDER WITH 300ML OF WARM WATER OR MILK AND STIR UNTIL NO LUMPS FORMED.
- HEAT UNTIL THICKENED (3 MINUTES) & STIR CONTINUOUSLY TO AVOID LUMPS.
- TO TASTE ADD SALT / SUGAR / HONEY & SERVE WARM.

NUTRITION FACTS

SERVING SIZE 30GM

AMOUNT PER SERVING CALORIES 110

% DAILY VALUE\*

TOTAL FAT 1G	1%
CHOLESTEROL 0MG	0%
SODIUM 20MG	1%
TOTAL CARBOHYDRATE 21G	8%
DIETARY FIBER <1G	3%
TOTAL SUGARS 5G	
INCLUDES 0G ADDED SUGARS	0%
PROTEIN 5G	10%

VITAMIN D 0.3MCG	2%
CALCIUM 103MG	30%
IRON 4.98MG	30%
POTASSIUM 254MG	6%

\*THE % DAILY VALUE (DV) TELLS YOU HOW MUCH A NUTRIENT IN  
A SERVING OF FOOD CONTRIBUTES TO A DAILY DIET 2,000  
CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE.

STORAGE & USAGE INSTRUCTIONS:

- . AFTER OPENING THIS PACK IMMEDIATELY TRANSFER IT INTO A CLEAN, DRY &  
AIR TIGHT CONTAINER.
- . AVOID WET SPOON TO PREVENT SPOILAGE  
& LUMPS FORMATION.

## **SUPPLIER**

SK GRATIA ENTERPRISE MALAYSIA

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